

OUR KIDS INITIATIVE
POOL DEPTH COMPARISONS (as of November 13, 2008)
(CHANGES ARE IN BOLD AND ITALICS)

	<i>FINA</i>	<i>NCAA</i>	<i>NFHS</i>	<i>USA-S/USMS</i>	<i>YMCA</i>
Depths for Competitive Swimming	See Below	minimum depth: 4' at start end; 3' 6" feet at the opposite end; Minimum depth of 4 ft. is recommended throughout; NEW construction recommends 7 ft.	No Minimum depth required for competition	No minimum depth for swimming	Please check with the YMCA of the USA Aquatics Specialist at 1-800-872-9622
Depths for Competitive Racing Starts	A minimum depth of 1.35 meters from 1 meter to 6 meters from the end wall; The height of the platform shall be at least 0.5 mtr to 0.75 mtr above the surface of the water; No provision for starting from the side or in the water	Water depth shall be no less than 4'; The height of the platform may not exceed 30" above the surface of the water; Provision for starting in the water (2.1, article 1, page 25)	Minimum depth: 4 ft. at start end measured from the end wall to 5 m. from the end wall 4' > : platform no more than 30" above the water; < 4' to 3'6">: only deck or in water; < 3'6" : in water only	Minimum depth for teaching racing starts: 6 ft. (USA-S ONLY); For starts in competition: 4 ft. measured from 1 mtr. to 5 mtrs. from the end wall ; < 4' - must start in water (USMS: <3'6" in-water starts; 3'6"-<4' in-water or deck starts); 4' > - platform maximum of 2' 6" (30") above water (103.2.3 & 103.12) * see NOTE below	Please check with the YMCA of the USA Aquatic Specialist at 1-800-872-9622

RULE OF THUMB FOR ALL GOVERNING BODIES - THE MORE STRINGENT RULE APPLIES WHETHER IT IS THE APPROPRIATE RULEBOOK OR LOCAL, STATE, AND MUNICIPAL ORDINANCE.