

Our Kids

September 11, 2010

Indianapolis, IN

Attendance: Pat Lunsford, Claudia Multer, Becky Oakes, Richard Wachs, John Brunelli, Sterling Apthorp, Bruce Stratton, Kathy Casey, Paul Torno, Bob Groseth, Sandy Searcy, Tony Young,

Welcome – Pat Lunsford

Introductions – Everyone introduced themselves and acknowledged their affiliation.

Purpose of OKI –

- sharing of information by governing bodies in swimming
- discussions have aided in getting technical rules closer
- NFHS, USA Swimming, and NCAA – key players for all US swimmers
- New spreadsheets are prepared every year showing pool depth in one chart and technical rules in the other. The sheets point out the items that are the same and the items that are different. Pat encouraged everyone to look over the charts and get back to him if there were corrections. The charts will be posted on the website www.ourkidsinitiative.org

Rules Procedures –Procedures for rule changes in each organization are posted on the web. There is no attempt to duplicate that material in the minutes. Pat asked everyone to check what is written on the web to see if there any changes in that information.

Spreadsheets – As we looked over the spreadsheets a discussion of the new starting blocks with the track start attachment (fin) on the back— NFHS hesitant to accept new equipment without some research – NFHS and NCAA do not accept the new block- others have accepted the block – organizations need to be aware of what type block is at the facility if an organization does not accept the new block

USA did a study on safe depth for teaching competitive starts - conclusion teach start (under direction of coach) in 6 feet of water – once trained can dive into 4 feet

Master Schedule- Richard Wachs – Richard prepared a master schedule which will be available on the website to anyone interested. It covers YMCA, USA, NFHS, and NCAA. Very thorough and compact.

Suits – One of the major keys to judging a suit is permeability.

Old Speedo fast skins with beads – remove beads –it is then permeable

Nike has a suit with a fastener- illegal in all bodies

Speedo has a similar suit – no to any suit with fastener or clip – no fasteners is the criteria – share information with others

USA swimming is proposing new legislation – allow limited advertising on suits – limit 2 –that would include manufacturer – size will be limited – 3 ½ square inches. Cap can have 2 besides team – also warm-up –**The resolution adopted is as follows**

Advertising appearing on swimwear is allowed as follows:

- (1) Swimsuits. A total of two separate advertising logos of a maximum size of 20 square centimeters (3.1 sq. in.) each, as measured as applied, shall be permitted.
- (2) Caps. A total of two separate advertising logos of a maximum size of 20 square centimeters (3.1 sq. in.) each, as measured when applied, shall be permitted. A club logo is not considered as advertising and is not subject to the size limitations.
- (3) Goggles. A total of two separate advertising logos of a maximum size of 6 square centimeters (.9 sq. in.) each, as measured when applied, shall be permitted, but only on the spectacle frame or band.

B Body advertising in the form of temporary tattoos or other embellishments is not allowed.

C Advertising for the following shall not be allowed:

- (1) Products involving tobacco, alcohol or pharmaceuticals containing substances banned under IOC or FINA rules;
- (2) Political statements; and
- (3) Any products or services that would be counter to the values of the sport or bring disrepute to USA Swimming.

D Swimmers in violation of the above provisions may be barred from the competition venue until they comply. However, any swimmer who competes in an event wearing swimwear in violation of these advertising provisions shall not be subject to disqualification.

For more information on rule changes in USA see the USA website.

NFHS Guidelines for Officials - NFHS has posted guidelines for coaches and swimming and diving official's guidelines on their website

Rules interpretation on butterfly– there is a difference in the interpretation of freestyle in the governing bodies. USA-S states that you cannot determine whether a swimmer is doing a stroke in style of another without seeing an entire cycle – You cannot do another stroke in the style of backstroke, breaststroke, or butterfly in the freestyle leg of an IM or individual medley. NFHS just states that it cannot be backstroke, breaststroke or butterfly.

The interpretation distributed earlier states:

Article 101.3.2 requires that, in the butterfly stroke, “both arms” must be brought forward “over the water” and pulled back simultaneously. For purposes of Article 101.3.2, as it relates to the recovery of the arms in the butterfly stroke, it is the interpretation of the USA Swimming Rules & Regulations Committee that the “arm” is that portion of the body which extends from the shoulder to the wrist. It is also the interpretation of the Committee that "over the water" means that the arm, as defined above, must break the surface of the water during the recovery phase of each stroke.

Take off pads – Studies are being done on the accuracy of take off pads. Apparently, there are differences between the manufacturers. We will hear more on this later.

Backstroke finish – The term completely submerged at finish is still a problem at some meets. It appears to be a matter for education at all levels.

Backstroke turn – NCAA – No one has proposed that the turn be changed to be consistent with USA. – Brian stated that this proposal should be on the survey in the Spring. High school feels that it accommodates the novice swimmer by allowing gliding at the turn

Website – All members were asked to check the OKI website for anything that needs to be added or deleted

YMCA/USA partnership – SPLASH PROGRAM going strong – collaboration on hold right now – YMCA needs to develop some areas of the country where the sharing between organizations is less than ideal.

Cross officiating - some areas of the country doing well on furthering collaboration – some areas resist

Recommendation to change rules – Each organization needs to check the website to see if the write up on rule recommendation is up to date. Contact Pat if it is not up to date.

Reminder - Everyone needs to read rules of organization that you are going to officiate as there are differences. A quick review before you go to a meet is very helpful.

Coaching certification – Would it be possible to have one coaching certification that would satisfy all NGBs? At the present time the differences are too great. NFHS has differences across the states.

NFHSlearn.com – This is a new website with a lot of information. They have a section on concussion management – The course takes about 20 minutes and it is free

Youth Olympic Games – Becky Oakes asked what is process for selecting participants – Becky is attempting to gather the information as for as costs what is required – she would contact states and define process –it would make it easier for high school swimmers to take part

Breaststroke – NFHS - Proposal came to federation on breaststroke because they can now take a kick as they enter the water and then at the end of the cycle – More later on this – nothing was reported that this proposal was approved.

2011 – We agreed to meet again in 2011 – we agreed to keep the same focus. – We want to keep the groups as close as we can.

Thank you to NFHS for picking up lunch this year!

The meeting was a success and we adjourned to lunch about noon.